
Susan David



Susan David, author of the #1 WSJ bestselling book *Emotional Agility*, TED Speaker, and award-winning Harvard Psychologist is one of the world's most influential management thinkers. With more than 10 million views, her viral talk is one of TED's ten most popular.

Susan has a PhD in psychology (clinical) and a post-doctorate in emotions research from Yale. She is on faculty at Harvard Medical School and is co-founder and co-director of the Institute of Coaching at McLean Hospital, a Harvard Medical School affiliate. She has been awarded many prizes and scholarships for her academic work.

Named on the Thinkers50 global list of the top management thinkers, Susan has a passion for keynote speaking and management consulting, and is a renowned executive coach, who applies her knowledge of emotions, human motivation and change to individuals and organizations. She frequently works in the areas of personal leadership, culture, engagement, and people strategy.

Susan David has been an advisor to numerous leaders faced with difficult situations, including mergers and acquisitions, leadership transitions, and strategic revisions. She routinely consults at the most senior levels of Fortune 500 companies, and with other global organizations from industries as diverse as financial services, information technology, healthcare, utilities, pharmaceuticals, and mining. Her world-wide client list includes Ernst and Young Global, the World Economic Forum, the United Nations Development Program, BHP Billiton, JP Morgan Chase, GlaxoSmithKline, and Nestlé, among many other multinational firms.

She edited the definitive *Oxford Handbook of Happiness* with a foreword by His Majesty the King of Bhutan - the first country to measure Gross National Happiness (Oxford University Press, 2013). She also edited *Beyond Goals: Effective Strategies for Coaching and Mentoring* (Gower, 2013). She is a frequent contributor to the *Harvard Business Review* and her research has been featured in *TIME*, *Fast Company*, the *Wall Street Journal*, and *Inc.com*, among other major publications. Susan's article *Emotional Agility* stayed on *Harvard Business Review*'s "Most Read" list for months. In a short time, nearly a quarter of a million people had downloaded it, and it was named by *Harvard Business Review* as an "Idea that Shaped Management" and was the winner of the Thinkers50 Breakthrough Idea Award. Its popularity was the impetus for her book by the same name, published by Penguin (Avery) which was named a #1 *Wall Street Journal* Best seller and has been translated into multiple languages. Susan's TED Talk on the topic went viral with over 1 million views in its first week of release. She is a frequent contributor to the *Harvard Business Review*, *New York Times*, *Washington Post*, *Wall Street Journal*, and guest on national radio and television.

Susan David is a global citizen who loves to travel. She backpacked across the world for nearly two years and has

lived in South Africa, Australia, New Zealand and now, Boston, USA. In December 2016 she co-led the first all-female expedition to Antarctica – its aim being to increase the influence and impact of women in science.

Emotional agility is a tool for everyone. Susan inspires audiences to think, feel, and act differently with deeply impactful and positive outcomes for themselves, their colleagues, and their organisations.