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# ANIS QIZILBASH

Creator of Mindful Selling and Agile Mindset Principles

**LONDON  
SPEAKER  
BUREAU**

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Creator of Mindful Selling and Agile Mindset Principles, Anis Qizilbash helps leaders and teams unlock growth in the moment with practical tools they can use right away. Her keynotes are research-backed and built for real-world challenges.

With 25 years in sales, entrepreneurship, and leadership, including coaching leaders and founders in high-growth startups, plus two master's degrees and a background in acting and comedy improv, Anis blends credibility, humour, and deep relatability. She has worked with clients from Fortune 500 to high-growth scale-ups to improve performance, build confidence, and strengthen culture in moments of transformation.

## Topics

- Business
- Communications
- Leadership
- Motivation
- Strategy
- Teamwork
- Women

She speaks on topics including personal leadership and self-belief, resilience and adaptability, AI without anxiety, courage, confidence and focus, commitment and creativity, emotional intelligence and connection, growth mindset and adversity, high performance under pressure, building trust in hybrid cultures, sales energy, purpose and performance, and enchanting customer service.

Her practical, science-backed tools blends insights from neuroscience, cognitive psychology, and timeless Eastern wisdom practices like mindfulness. It resonates deeply with corporate audiences who want more than inspiration, they want tools they can implement tomorrow. No Everest climbs. No Olympic medals. Just practical insights for real teams who need to lead and perform now.

Anis is the author of Mindful Selling, where she shares practical tools and mindset strategies to help sales teams perform with confidence, resilience, and authenticity, even under pressure.

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