Annabelle Williams



Annabelle captained the Australian Paralympic Swim Team and managed to balance her sporting career with a highly successful and demanding corporate career as a lawyer. Annabelle competed in two Paralympic Games, broke five world records and won numerous medals for Australia, including gold at the London 2012 Paralympic Games.

Annabelle was an M&A lawyer at top-tier law firm, Allens Linklaters, and in-house counsel for the Australian Olympic Committee. She is a strong advocate for the rights of athletes and, at the age of 24, was awarded with the prestigious Medal of the Order of Australia for her service to sport. Annabelle is the Founder & CEO of "Grit & Gold", a Director of Swimming Australia, a Member of the World Athletics Disciplinary Tribunal and International Cricket Council Code of Conduct Commission. She graduated from the Stanford University Graduate School of Business, where she delivered the Valedictory Address and is a highly recognised and respected sports broadcaster, having most recently anchored Australia's coverage of the Tokyo Paralympics and Birmingham Commonwealth Games, both of which won Logie Awards for most outstanding sports coverage.

Annabelle is passionate about building belonging in the worlds leading workplaces and helping people and organisations to unlock a growth mindset, develop resilience, embrace diversity, inclusion, courage and kindness to unleash their full potential.

In a fun fact, Annabelle was briefly Charlize Theron's stunt double in Mad Max 4: Fury Road!