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# CAREY LOHRENZ

First female F-14 Tomcat Fighter Pilot in the U.S. Navy

**LONDON  
SPEAKER  
BUREAU**

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Carey Lohrenz knows what it takes to win in one of the highest pressure, extreme environments imaginable: in the cockpit at Mach 2.

As the first female F-14 Tomcat Fighter Pilot in the U.S. Navy, having flown missions worldwide as a combat-mission-ready United States Navy pilot, Lohrenz is used to working in fast moving, dynamic environments, where inconsistent execution can generate catastrophic results.

The same challenges are found in business: markets change, customer needs evolve and if you do not adapt quickly your company is at risk.

## Topics

- Courage
- Grit
- Leadership
- Motivation
- Resilience
- Women

In her motivating and engaging keynote presentations, Carey shares her fascinating experiences operating in one of the world's most challenging environments – an aircraft carrier. She is uniquely qualified in the fundamentals of winning under pressure, reducing errors and overcoming obstacles. Her mastery of these fundamentals can help your team triumph in this high-risk, time crunched world.

Carey Lohrenz's timely message about High Performing Teams and developing a Culture of Learning is based on the best-practices of high reliability organizations. The process Prepare, Perform, Prevail helps businesses manage risk while becoming a High Performing Organization. This message resonates with diverse audiences at every level of the company.

Carey has been requested by name from some of the top Fortune 100 businesses. Her ability to connect with both an audience and on a one-on-one level, coupled with her knowledge and experience in leading high-performing, diverse teams, has made her highly sought after as a business consultant and speaker.

Carey is a powerhouse in the field of delivering engaging Leadership, High Performing Organizations and Diversity Training that directly impacts a company's ROI and bottom line. Her experience in the all-male environment of fighter aviation and her ability to pass on the Lessons Learned in her career allow her to deliver insight and guidance from a credible platform on Women's Leadership Issues.

Carey has delivered her leadership and strategy experience to such companies as Cisco, Dell, TEVA, Deloitte, Underwriters Laboratories, Verizon, AT&T, Kimberly Clark, State Farm Insurance and Sea Ray Boats, to name a few.

Carey graduated from the University of Wisconsin where she was a varsity rower, also training at the pre-Olympic level. After graduation, she attended the Navy's Aviation Officer Candidate School before starting flight training and her naval

career. She is currently working on her Master's in Business Administration in Strategic Leadership.

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