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# HANLI PRINSLOO

LONDON  
SPEAKER  
BUREAU

- **Freediver, Founder and CEO, I AM WATER Ocean Conservation Foundation**



Hanli Prinsloo is a multiple South African freediving record holder and Founder of I AM WATER Ocean Conservation. Prinsloo is a highly skilled free diver and 11 times South African free-diving record holder. Growing up on a horse farm in rural South Africa her love of nature and the human need for wilderness were instilled at an early age.

With a background in social-political documentary filmmaking, Hanli Prinsloo has travelled the world seeking and telling stories of transformation, hope and inspiration. Hanli excelled at competitive freediving and is a sought-after coach having worked with professional rugby players, cyclists, runners and big wave surfers. Prinsloo worked intensively with the South African Springbok Sevens rugby team in 2012-2013. Prinsloo was selected as one of the World Economic Forum's Young Global Leaders

## Topics

- Environment
- Society
- Women

At present her energy is channeled into ocean conservation through human experience, reconnecting people with nature through the innovative I AM WATER ocean workshops offered to underserved coastal communities globally. Her for profit sister company, I AM WATER Ocean Travel takes paying clients on extraordinary ocean adventures around the world, teaching yoga, freediving and big animal interactions as a fundraising tool for the work of the foundation.

Her personal quest being freediving with marine megafauna has resulted in numerous exhibitions, films and articles about the human/animal connection. She is an acclaimed inspirational speaker and Young Global Leader under the WEF.