
Jason Smyth



Jason Smyth MBE, a prominent figure in Irish sport, has forged an exceptional 18-year career, remaining unbeaten and securing 21 gold medals in the 100m and 200m events, including six Paralympic Games golds. In 2022, he was honoured by the Queen with an MBE, recognising his significant contributions to the world of sport.

Navigating the world as a legally blind person, Smyth's journey is marked by resilience and determination. His unique perspective provides valuable insights in his consulting work with various large corporations, contributing to the improvement of leadership, performance, and culture.

Currently serving as the Strategy Manager at Paralympics Ireland, Jason Smyth contributes to shaping the future of para sport. Recently qualified as a financial advisor, Smyth extends his contributions to both the sports and corporate sectors. His commitment reaches beyond these domains, evident through his active involvement on the boards of two non-profit organisations..

An inspirational speaker, Jason Smyth shares a powerful narrative of triumph, resilience, and strategic leadership with corporate audiences. His talks focus on leveraging adversity, cultivating effective leadership, and fostering high-performance cultures.