

OLLIE OLLERTON

Former UK Special Forces Operative and Star of Channel Four series SAS: Who Dares Wins

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Topics

- Author
- Leadership
- Motivation
- Teamwork

Ollie Ollerton is an energetic and a highly motivated former UK Special Forces operative whose military learnings have brought him success in a variety of fields, from TV to business. One of the founding Directing Staff on Channel 4's SAS: Who Dares Wins, his charisma on the show has won him a legion of fans and he has become a successful entrepreneur.

Joining the Royal Marine Commandos aged 18, Ollie toured operationally in Northern Ireland and in Iraq before being recommended for Special Forces Selection. One of just seven candidates to pass from an initial 250 that started his course, he joined the Special Boat Service (SBS) and additionally trained as a combat frogman and submersible pilot. During six years with the SBS he undertook a number of high-profile missions that included counter narcotics, counter terrorism, homeland security, counter insurgency operations and humanitarian efforts.

On leaving the SBS, Ollie Ollerton worked internationally as a private security contractor, before returning to the UK in 2014 to work on a concept that would allow his training and experience to benefit others. BreakPoint offers a range of corporate and individual training programmes that focus on changing people's limiting beliefs. Building a Special Forces mindset into business and everyday life, BreakPoint's courses help participants change the way they think, unearthing potential through improved mindset, motivation, performance, productivity and wellbeing. Alongside this, Ollie has become a powerful motivational speaker, covering topics such as resilience, mental health and wellbeing, plus elite performance, drawing from his personal experience.

Outside of his business endeavours, Ollie's time as Directing Staff on SAS: Who Dares Wins, the brutal TV show that puts civilians through a mock Special Forces Selection, has made him a screen icon in the UK and abroad, with spin-off SAS Australia, which Ollie continues to front, receiving unprecedented popularity.

Ollie Ollerton is a multiple best-selling author with five books to his name. His first book, the autobiography Break Point and his second book, personal development bible Battle Ready, both made it to Number One in The Sunday Times Bestseller List. Ollie is open and candid about his struggles with mental health and alcohol and both of these books have resonated with people all over the world, inspiring them to make positive changes in their lives.

In November 2022, Ollie embarked on a challenge to climb the 6,812m Himalayan peak, Ama Dablam, accompanied by record-breaking mountaineer Nims Purja from the hit Netflix documentary 14 Peaks. He plans to tackle Everest in 2024.

Future Projects: Alongside further development of BreakPoint, with virtual and online programmes, the launch of a BreakPoint app, YouTube Channel and his continuing work to inspire and change the lives of many, Ollie and his team have

much to be excited about. His sixth book, *How To Survive (Almost) Anything*, will be published in May 2023. Alongside this, Ollie has already published five other books: “Break Point,” “Battle Ready,” “Scar Tissue,” “All Or Nothing,” and “Leadership Secrets of the SAS” (co-authored).

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