
PAUL MCVEIGH

- Premier League Footballer
- Expert in Elite Performance

LONDON
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Paul McVeigh is a Premier League football player and an expert in elite performance. Paul's credibility comes from the unique combination of reaching the pinnacle of elite sport as well as being the first Premier League footballer to qualify with a Master's Degree in Psychology.

Paul McVeigh specialises in implementing the psychology required to elevate the performance of leaders and teams from the financial services' industry. He has recently worked with PWC, Grant Thornton, Aviva, Barclays, Deutsche Bank, Nat West, Cisco, Microsoft, and many more.

These lessons are even more applicable today in our remote and virtual workplaces in order to empower individuals to understand that our thinking unlocks the required behaviours that are necessary for elite performance.

Paul McVeigh shares his psychological framework from growing up in war-torn Belfast, Ireland alongside the strategies he implemented performing under the intense scrutiny of 75,000 fans across the world. He is also an established broadcaster on TV and radio with BBC, Sky Sports, BT Sport, and a published author.

The insights Paul shared as a Sports Psychologist for Premier League clubs have helped many players compete in, what is considered, the most prestigious and ruthless sports league in the world.

Topics

- Celebrities
- Leadership
- Motivation
- performance
- Teamwork