



HOW TO DEVELOP YOUR CONFIDENCE AND PUBLIC SPEAKING SKILLS

JONATHAN YABUT
WINNER OF 'THE APPRENTICE ASIA'

Public speaking is reported to be the number one fear of people around the world according to mental health organizations. It is no wonder that great public speakers remain to be rare and valued in today's society, especially in the corporate world. When you lack public speaking skills, you're likely unable to assert yourself during meetings, express your opinions to your boss, or make connection with work colleagues.

This learning session seeks to boost your public speaking skills by understanding why we are afraid of it, and what can we do about it. We will study the anatomy of an effective speech and discover ways on how to engage an audience. We will learn the power of "story telling", and demonstrate that successful people are those who can tell "stories" to their customers, employees, and stakeholders. Participants will be immersed in various exercises that will improve their styles of expression: JAM sessions, mock interviews, and parliamentary debate.

If you are keen to succeed during the most career-changing moments of your life—those boardroom meetings, those pitch presentations, or even rare 3-minute elevator moments with your CEO—this learning session is made just for you!

LEARNING SESSION OBJECTIVES

The specific objectives of this unique fun-filled learning experience are;

- To appreciate and believe that public speaking is an art and skill that can be learned and mastered over time;
- To apply public speaking techniques in real-life corporate settings: organizing information, setting directions to a team, presiding meetings, presenting pitches, making “small talks” during awkward situations; and
- To gain a renewed sense of inspiration and confidence in expressing oneself—whether in corporate or personal life.

ABOUT JONATHAN YABUT

Jonathan is the Season 1 winner of the hit pan-Asian reality TV show, The Apprentice Asia hosted by Malaysian business mogul Tony Fernandes. He was the youngest male contestant at the age of 27 and was popularly known in the show for his people skills, leadership and passionate speeches in the “boardroom”. Jonathan has inspired thousands of young Asians for his popular quote, “You can never be too small to dream big”, and is a strong advocate of youth empowerment, leadership and entrepreneurship.

Born and raised in Manila, Jonathan takes pride of his humble beginnings from his parents who were both government employees. Pressured to study under scholarship, Jonathan consistently finished as the class valedictorian from grade school to high school, and graduated Cum Laude with a degree of BS Economics from the University of the Philippines (UP) in 2006. Jonathan has been an accomplished varsity member of the UP Debate Society, having reached the Semi-Finals of the prestigious Asian University Debate Championships in 2006 for besting more than 400 debaters all over Asia.

Jonathan entered the corporate world as a management trainee for Globe Telecom, a leading telecommunications company in the Philippines and matured to become a Product Manager for international services focusing on Overseas Filipino Worker (OFW) market. In 2009, he moved to GlaxoSmithKline Philippines as a Sr. Brand Manager and earned his first national award as the 2012 Mansmith Young Market Master Awardee (YMMA), a distinction awarded to top 7 marketers in the Philippines under the age of 35 for having launched a pharmaceutical brand that earned the highest and fastest market share take up in the history of the company. For his leadership and marketing excellence, Jonathan also served as a Filipino ambassador to the 2012 London Olympics for GlaxoSmithKline, the official laboratory games partner.

For winning the Apprentice Asia, Jonathan was based in Kuala Lumpur as the Chief of Staff of AirAsia under a 1-year contract with Tony Fernandes. He was also engaged in a series of school and corporate talks about youth empowerment, passion and leadership called, “Journeys of Inspiration” in the Philippines, Malaysia and Singapore. His book, “From Grit To Great: The Journey to Becoming Asia's Apprentice”, features corporate tips and life lessons from winning the hit TV show. His latest book, “Single, Taken, or Building My Empire” is about balancing life and work.

Jonathan loves traveling and cooking. He dreams to build a food and travel empire in the next ten years featuring Filipino and ASEAN cultures. At a young age, he takes pride for having backpacked solo in Southeast Asia and Europe, and for finishing 4 marathons with a yet-to-be-improved personal best record of 3:54. When inspired more than the usual, Jonathan still entertains the thought of running to become the next President of the Philippines or the ASEAN Secretary General when he turns 45.